

## ABSTRACT

An arrangement for protecting the back against bumps, comprising a shield and a plurality of plates, which are linked with each other and fastened on to the shield. Each  
5 plate overlaps by an extent corresponding to approximately half of its length the adjacent plate and is kept jointed together with all other plates by a connection element which extends along the longitudinal axis of the arrangement and is provided with integral means for connecting with the various plates so as to enable each plate to rotate to a limited extent, but freely in all directions.